



Please!

Take a shower instead of a bath!





Please!

Close the door
to keep the heat inside
or put on a sweat shirt
if you are cold
but ...
don't turn up the heat!





Please!

Put a cover on the pans

when cooking

and

buy local products!





Please!

Turn the lights out when leaving a room!





Please!

Delete
the unnecessary e-mails
and
don't leave the computer
on standby!





Please!

Sort the garbage and recycle them as much as possible!





Please!

Don't leave the TV on.

Switch it off!





Please!

Did you really need a car ?

Think about

carpooling, bike, walk,

public transport ...







